



YOUR HEALTHY CHOICE AMBASSADOR

Effective date: Feb 1, 2022

COVID-19 AND MJKO BOXING

At MJKO Boxing, the health and safety of our staff, volunteers, families and community members is our top priority. Due to COVID-19 and new restrictions, MJKO Boxing would like to share some of the changes we have made to our programs and services, as consulted with Toronto Public Health Toronto, Public Health Ontario and Second Harvest.

MJKO Boxing Programs

Checking for Proof of Vaccination

In compliance with revised Ontario legislation, it is now mandatory for MJKO to use the enhanced vaccine certificate with QR code to gain access each time to our Champion Center. MJKO is required to verify the enhanced vaccine certificate using the Verify Ontario app. The Verify Ontario app reads the QR code and instantly sends a green, yellow or red result and instructions on the next steps if any are required.

Checking for proof of vaccination applies to each person 12 years of age or older at point of entry for the purpose of:

1. Actively participating in Organized Sports; or
2. Coaching at, caregiving at, volunteering at, or officiating Organized Sports.

Effective Jan 1, 2022, children have a grace period of 12 weeks from their 12th birthday to provide proof of fully vaccinated status.

Staff and Volunteers

At MJKO Boxing, our top priority is the health and safety of our volunteers and staff. With that said, we hope that all volunteers and staff feel safe and comfortable when volunteering. We ask that you please let us know as soon as possible if you no longer feel safe supporting MJKO programs. We understand and support your decision.

- Social Gatherings: limited to 50% capacity indoors (under the Provincial Ontario Act)
- Everyone should wear a mask indoors unless engaged in exercise.
- Health Screening Test: Staff and volunteers must [be screened for symptoms of COVID-19](#) before every shift or event.
- Post the [COVID-19 screening](#) online and at entrances to encourage visitors to self-screen.
- Anyone feeling unwell should stay home, even if the symptoms are mild.
- If someone becomes sick, they will have to leave or be isolated upstairs until emergency personal can arrive.



YOUR HEALTHY CHOICE AMBASSADOR

- We will have personal protective equipment (medical mask, gloves, gown, face shield) available if needed.
- Staff/volunteers will be assigned to clean and disinfect regularly.
- We will have a cleaning log to track completed activities.
- We will purchase a HEPA filter for the vacuum and STOP sweeping floors.
- We will continue to empty waste bins often.

To prevent the spread of COVID-19, please avoid volunteer activities at MJKO Boxing if you are experiencing the below symptoms:

- Feeling tired
- Difficulty breathing
- A high temperature
- A cough and/or sore throat

These symptoms are like other respiratory diseases, including flu and the common cold.

Please avoid volunteer activities at MJKO Boxing if you have been in close contact with someone who has been **exposed to a case of COVID-19** within the last 14 days. Please follow Public Health guidelines.

COVID-19 Guidelines

How to avoid getting the Coronavirus:

- Wash your hands regularly after touching your face and objects with soap and water for at least 20 seconds.
- Avoid touching face (eyes, nose, mouth) with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough/sneeze into your sleeve or with a tissue, immediately throw the tissue in the garbage and wash your hands.
- Clean and disinfect frequently touched objects and surfaces.

**We recognize that this situation is constantly evolving therefore, if we hear of any changes, we will update the community as needed. Thank you!

The guidelines have been taken from <https://www.toronto.ca/home/covid-19/covid-19-reopening-recovery-rebuild/covid-19-reopening-guidelines-for-businesses-organizations/covid-19-guidance-faith-based-organizations/>