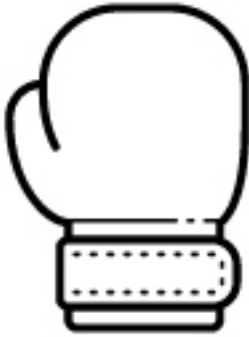




WEEKLY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Home Boxing 	8AM BOXING (Miranda) 4PM BOXING (Jimmy) 6PM BOXING (Ibrahim)	11:45AM TDSB (Miranda) 2:30 Private Class (Miranda) 4PM BOXING (Jimmy) 6PM BOXING (Ibrahim)	4PM BOXING (Jimmy) 6PM BOXING (Ibrahim) 7PM Edmonton Group (Ibrahim)	4PM BOXING (Miranda) 6PM BOXING (Ibrahim)	4PM CONDITIONING (Jimmy) 6PM CONDITIONING (Ibrahim)	
Workouts						
Social  		KARAOKE TUESDAYS 7PM (Ibrahim)	WIN-IT WEDNESDAYS TRIVIA 7PM (Jimmy)	WAVE YOUR FLAG 2021 (MJ & IB)		SATURDAY HEALTHY FOOD CHOICES PICK-UP PROGRAM 12PM - 2PM
Activities						