



# Roasted Chickpeas



- 1 15oz. can chickpeas, rinsed, drained, and patted dry
- 1-2 tbsp olive oil
- 1-2 tsp of your favourite seasonings (ie oregano, paprika)
- 1/4 tsp salt and pepper
  
- Preheat oven to 450 degrees F
- Mix all ingredients and spread chickpeas evenly on a baking tray lined with parchment paper
- Bake for 30-40 minutes, until golden brown

